

The Glenwood, Staunton - Menu

		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 1 12/30-1/5	Breakfast	Cereal of Choice, Toast, & Fruit or Waffle, Sausage Links, & Yogurt	Cereal of Choice, Toast, & Fruit or Ham & Scrambled Eggs, Bacon, & Banana Bread	Cereal of Choice, Toast, & Fruit or Fried Eggs, Ham, & Toast	Cereal of Choice, Toast, & Fruit or Cheese Omelet, Bacon, & Cinnamon Toast	Cereal of Choice, Toast, & Fruit or Pancakes & Sausage Patty	Cereal of Choice, Toast, & Fruit or Biscuits & Sausage Gravy & Hashbrowns	Cereal of Choice, Toast, & Fruit or Egg, Sausage, & Cheese on an English Muffin & Hashbrowns
	Lunch	Baked Ham, Sweet Potato Casserole, Buttered Cabbage, & Pecan Pie	Chicken Pot Pie, Tossed Salad, Biscuit, & Cranberry Swirl Cake	BBQ Ribs, Mashed Potatoes w/White Gravy, Cauliflower w/Cheese Sauce, & Coconut Cream Pie	Country Fried Steak, Mashed Potatoes w/Cream Gravy, Country Green Beans, & Angel Food Cake w/Strawberries	BBQ Ribs, Mashed Potatoes, Corn, & Cherry Pie	Beef Manhattan, Mashed Potatoes w/Gravy, Creamed Corn, & Apple Pie a la Mode	Spaghetti w/Meat Sauce, Italian Tossed Salad, & Frosted Chocolate Cake
	Dinner	Beef Goulash, Italian Dressed Salad, Biscuit, & Peach Crisp	Grilled Cheese, Homemade Tomato Soup, & Lime Pears	Taco Salad, Mexican Rice, & Jello w/Fruit	Bratwurst on Bun, Cheesy Potato Soup, & Ice Cream Sandwich	Chili, Hot Dog on Bun, & Mixed Fruit	Fried Fish Sandwich, French Fries, & Iced Oatmeal Cake	Grilled Turkey & Cheese Sandwich, Chips, Diced Tomato Salad, & Fresh Fruit Cup
Week 2 1/6-1/12	Breakfast	Cereal of Choice, Toast, & Fruit or French Toast & Sausage Links	Cereal of Choice, Toast, & Fruit or Fried Eggs, Bacon, & Biscuit	Cereal of Choice, Toast, & Fruit or Scrambled Eggs, Sausage Patty, & Toast	Cereal of Choice, Toast, & Fruit or Biscuit & Sausage Gravy & Hashbrowns	Cereal of Choice, Toast, & Fruit or Pancakes & Sausage Links	Cereal of Choice, Toast, & Fruit or Scrambled Eggs, Ham, & Toast	Cereal of Choice, Toast, & Fruit or Fried Egg, Sausage Patty, Fried Potatoes, & Toast
	Lunch	Oven Fried Chicken, Loaded Mashed Potatoes, Broccoli w/Cheese Sauce, Dinner Roll, & Cherry Pie	Country Fried Steak, Mashed Potatoes, Green Beans, Bread Stick, & Coconut Cream Pie	Apple Glazed Pork Loin, Roasted Red Potatoes, Mixed Greens, & Peach Shortcake	Swiss Steak, Creamy Noodles, Broccoli/Cauliflower Blend, & Whipped Gelatin	Ham & Potato Au Gratin, Green Peas, Cornbread, & Lemon Bar	Spaghetti w/Meat Sauce, Garlic Bread, Caesar Salad, & Pumpkin Pie	Open Faced Roast Beef Sandwich, Mashed Potatoes w/Gravy, Green Beans, & Ambrosia
	Dinner	BLT, Fried Zucchini, Cottage Cheese, & Sherbet	Tuna Noodle Casserole, Green Beans, & Fruit Crisp	Cheeseburger w/Fixings, Cheese Curls, Marinated Cucumbers & Onions, & Iced Pumpkin Spice Cookie	Pulled Pork on Bun, Corn Nuggets, Spinach Salad, & Peaches w/Whipped Topping	Beefy Tater Tot Casserole, Mixed Vegetables, & Pudding Parfait	Chicken Salad on Croissant, Chips, Macaroni Salad, & Cinnamon Baked Apples	Loaded Potato Soup, 1/2 Ham & Cheese Sandwich, Crackers, & Baked Custard
Week 3 1/13-1/19	Breakfast	Cereal of Choice, Toast, & Fruit or Scrambled Eggs, Bacon, & Toast	Cereal of Choice, Toast, & Fruit or Pancakes & Sausage Patty	Cereal of Choice, Toast, & Fruit or Fried Eggs, Bacon, & Cinnamon Roll	Cereal of Choice, Toast, & Fruit or Biscuits & Sausage Gravy & Hashbrowns	Cereal of Choice, Toast, & Fruit or Scrambled Eggs, Bacon, & Toast	Cereal of Choice, Toast, & Fruit or Omelet, Bacon, & Donut	Cereal of Choice, Toast, & Fruit or French Toast & Sausage Links
	Lunch	Baked Ham, Candied Yams, Corn, Dinner Roll, & Strawberry Shortcake	Meat Ravioli w/Meat Sauce, Caesar Salad, Bosco Stick, & Strawberry Cheesecake	Lasagna, Green Beans, Ceasar Salad, Garlic Bread, & Fruited Jell-O	Country Style Ribs, Twice Baked Potato, Baby Carrots, & Mandarin Orange Cake	Glazed Meatloaf, Mashed Potatoes w/Gravy, Spinach Bake, Dinner Roll, & Bread Pudding w/Vanilla Sauce	Creamy Mushroom Chicken, Baked Potato, Italian Blend Vegetables, & Pineapple Upside Down Cupcake	Fried Chicken, Baked Potato w/Sour Cream, Roasted Brussel Sprouts, Dinner Roll, & Vanilla Frosted Cake
	Dinner	Deep Dish Pizza, Dressed Tossed Salad, Garlic Breadstick, & Rosy Pears	Pork Fritter on Bun, Onion Rings, Marinated Slaw, & Peanut Butter Sandwich Cookie	Turkey Club Sandwich, Cream of Broccoli Soup, & Brownie	Salmon Patty, Macaroni & Cheese, Cole Slaw, & Fresh Fruit	Kielbasa Sausage, Sauerkraut, Bread & Butter, Fruit Cup, & Cookie	Bacon Cheeseburger w/Fixings, Steak Fries, & Ice Cream Sundae	Sloppy Joe on Bun, Tater Tots, & Strawberries & Peaches
Week 4 1/20-1/26	Breakfast	Cereal of Choice, Toast, & Fruit or Scrambled Eggs, Sausage Patty, & Toast	Cereal of Choice, Toast, & Fruit or Cheesy Eggs, Bacon, & Coffee Cake	Cereal of Choice, Toast, & Fruit or Biscuits & Sausage Gravy & Hashbrowns	Cereal of Choice, Toast, & Fruit or Fried Eggs, Bacon, & Apple Cinnamon Muffin	Cereal of Choice, Toast, & Fruit or French Toast & Breakfast Ham	Cereal of Choice, Toast, & Fruit or Western Scrambled Eggs, Sausage Patty, & Toast	Cereal of Choice, Toast, & Fruit or Fried Eggs, Bacon, & Toast
	Lunch	Herb Roasted Chicken, Parsley Buttered Potatoes, Broccoli, Dinner Roll, & Carrot Cake w/Cream Cheese Frosting	Marinated Pork Loin w/Gravy, Herb Stuffing, Creamed Peas, & Autumn Fruit Crumble	Country Fried Steak, Mashed Potatoes w/Cream Gravy, Vegetable Medley, & Pumpkin Crumble	Chicken Tenders, Cheesy Mashed Potatoes, Mixed Vegetables, & Frosted Cupcake	Beef Stroganoff over Noodles, Roasted Brussel Sprouts, Dinner Roll, & Banana Split Cake	Fried Fish, Macaroni & Cheese, Cole Slaw, & Peanut Butter Pie	Oven Fried Chicken, Mashed Potatoes w/Gravy, Corn, & Mixed Fruit w/Whipped Topping
	Dinner	Roast Beef Sandwich, Homemade Vegetable Soup, & Mixed Fruit	Fried Shrimp, Corn Nuggets, Green Beans, & Pudding Parfait	Beef Stew, Green Pea Salad, Dinner Roll & Ice Cream	Taco Soup, Tortilla Chips, Carrot & Raisin Salad, & Fruit Salad	Ham & Beans, Mixed Greens, Cornbread, & Peaches & Cream	Hamburger on Bun w/Fixings, French Fries, & Mandarin Oranges w/Pineapple	Egg Salad Sandwich, Marinated Vegetable Salad, & Brownie