

# The Glenwood, Mt. Zion - Menu

		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Week 1</b>  <b>12/30-1/5</b>	<b>Breakfast</b>	Sausage Patty, Waffle, & Breakfast Muffin	Scrambled Eggs, Sausage Patty, & Banana Bread	Fried Egg, Bacon, & Toast	Egg of Choice, Sausage Patty, & Biscuit	Sausage Patty & Pancakes	Omelet, Bacon, & Toast	Egg, Sausage, & Cheese on English Muffin, Hashbrown, Sausage Patty, & Toast
	<b>Lunch</b>	Fried Chicken, Mashed Potatoes, Green Beans, & Cranberry Swirl Cake	Baked Ham, Sweet Potato Casserole, Buttered Cabbage, & Mock Pecan Pie	Penne Polish Sausage Bake, Mixed Vegetables, & Fruit Cobbler	Country Fried Steak, Mashed Potatoes w/Cream Gravy, Country Green Beans w/Bacon & Onion, & Angel Food Cake w/Fruit	Baked Chicken, Au Gratin Potatoes, Buttered Carrots, & Jell-O Cake w/Whipped Topping	Beef Manhattan, Mashed Potatoes & Gravy, Green Beans, & Apple Pie a la Mode	Spaghetti w/Meat Sauce, Italian Tossed Salad, Garlic Bread, & Frosted Chocolate Cake
	<b>Dinner</b>	Beef Goulash, Side Salad, & Peach Crisp	Homemade Tomato Soup, Grilled Cheese Sandwich, & Rosy Pears	Taco Salad, Mexican Rice, & Fruited Gelatin	Cheesy Potato Soup, Bratwurst on Bun, Macaroni Salad, & Ice Cream	Chili w/Beans, Split Frank on Bun, & Mixed Fruit Cup	Breaded Fish Sandwich, French Fries, & Iced Oatmeal Cake	Grilled Turkey & Cheese Sandwich, Chips, Diced Tomato Salad, & Fruit of the Day
<b>Week 2</b>  <b>1/6-1/12</b>	<b>Breakfast</b>	Sausage Patty & French Toast	Egg of Choice, Bacon, & Biscuit	Scrambled Eggs, Sausage Patty, & Toast	Omelet, Bacon, & Cinnamon Toast	Sausage Patty & Pancakes	Scrambled Eggs, Breakfast Ham Slice, & Toast	Sausage Gravy & Biscuit
	<b>Lunch</b>	Fried Chicken, Mashed Potatoes & Gravy, Broccoli w/Cheese Sauce, Dinner Roll, & Pie of the Day	Unstuffed Peppers over Steamed Rice, Buttered Carrots, & Brownie a la Mode	Autumn Pork Roast, Mashed Potatoes & Gravy, Mixed Greens, & Fruit Shortcake	Swiss Steak, Creamy Noodles, Broccoli Cauliflower Blend, & Whipped Gelatin	Ham & Potato Au Gratin, Green Peas, Cornbread, & Lemon Bar	Baked Fish, Baked Potato, Green Bean Casserole, Dinner Roll, & Fruit Cobbler	Baked Turkey Breast, Stuffing, Mashed Potatoes & Gravy, Green Bean Casserole, Cranberry Sauce, Deviled Eggs, Hot Buttered Rolls, & Variety of Desserts
	<b>Dinner</b>	BLT Sandwich, Cheese Cubes, Fried Zucchini, Cottage Cheese, Potato Salad, & Ice Cream Sandwich	Tuna Noodle Casserole, Green Beans, & Seasonal Fresh Fruit	Cheeseburger, Lettuce, Tomato, & Onion Slice, Cheese Curls, Vegetable of the Day, & Ice Cream	Pulled Pork Sandwich, Corn Nuggets, Marinated Carrots, & Peaches w/Whipped Topping	Beefy Tater Tot Casserole, Mixed Vegetables, & Pudding Parfait	Chili, Relish Tray, Peanut Butter Sandwiches, & Dessert	Loaded Potato Soup, Crackers, 1/2 Grilled Ham & Cheese Sandwich, & Baked Custard
<b>Week 3</b>  <b>1/13-1/19</b>	<b>Breakfast</b>	Scrambled Eggs, Bacon, & Donut	Sausage Patty & Pancakes	Fried Egg, Bacon, & Toast	Sausage Gravy & Biscuit	Scrambled Eggs, Bacon, & Cinnamon Toast	Omelet, Bacon, & Toast	Sausage Patty & French Toast
	<b>Lunch</b>	Fried Chicken, Mashed Potatoes, Green Beans, & Strawberry Shortcake	Anniversary Chicken, Baby Bakers, Broccoli, Dinner Roll, & Apple Crisp	Lasagna, Buttered Peas, Caesar Salad, Garlic Bread, & Fruited Gelatin	Ribs, Twice Baked Potato, Baby Carrots, & Mandarin Orange Cake	Meatloaf w/Ketchup Glaze, Mashed Potatoes & Gravy, Spinach Bake, Dinner Roll, & Bread Pudding w/Vanilla Glaze	Creamy Mushroom Chicken, Baked Potato w/Sour Cream, Italian Blend Vegetables, & Fruit Crumble	Country Fried Steak, Cream Gravy, Mashed Potatoes, Vegetable Medley, & Pumpkin Crumble
	<b>Dinner</b>	Deep Dish Pizza, Tossed Salad, Garlic Bread, & Emerald Pears	Pork Fritter Sandwich, Onion Rings, Marinated Slaw, & Peanut Butter Cookie	Cream of Cauliflower Soup, Turkey Club Sandwich, & Brownie	Salmon Patty, Macaroni & Cheese, Coleslaw, & Seasonal Fruit	Kielbasa Sausage, Buttered Cabbage, Breadstick, Mixed Fruit Cup, & Cookie	Bacon Cheeseburger, Lettuce, Tomato, & Onion Slice, Steak Fries, & Ice Cream	Sloppy Joe on Bun, Tater Tots, & Fruit of the Day
<b>Week 4</b>  <b>1/20-1/26</b>	<b>Breakfast</b>	Scrambled Eggs, Sausage Patty, & Coffee Cake	Cheesy Eggs, Bacon, & Toast	Hashbrown Patty, Sausage Gravy, & Biscuit	Fried Egg, Bacon, & Breakfast Muffin	Sausage Patty & French Toast	Scrambled Eggs w/Green Pepper & Onion, Sausage Patty, & Toast	Fried Egg, Bacon, & Toast
	<b>Lunch</b>	Oven Fried Chicken, Mashed Potatoes & Gravy, Corn, & Mixed Fruit w/Whipped Topping	Marinated Pork Loin, Herb Stuffing, Yams, & Autumn Fruit Crumble	Salisbury Steak, Parmesan Noodles, Green Beans, & Frosted Chocolate Cake	Ham & Beans, Fried Potatoes, Mixed Greens, & Banana Split Cake	Beef Stroganoff, Roasted Brussel Sprouts, Dinner Roll, & Peaches & Cream	Fried Fish, Tartar Sauce, Macaroni & Cheese, Coleslaw, & Peanut Butter Pie	Herb Roasted Chicken, Parslied Buttered Potatoes, Broccoli, Dinner Roll, & Carrot Cake w/Cream Cheese Frosting
	<b>Dinner</b>	Homemade Vegetable Soup, Roast Beef Sandwich, & Mixed Fruit Cup	Fried Shrimp, Tartar Sauce, Corn Nuggets, Green Beans, & Pudding Parfait	Turkey Sandwich, Carrots, Ranch Chips, & Cookie	Taco Soup, Tortilla Chips, Carrot & Raisin Salad, & Fruit Cobbler	Chicken Tenders, Cheesy Mashed Potatoes, Mixed Vegetables, & Frosted Cupcake	Hamburger, Lettuce & Tomato Slice, French Fries, & Mandarin Oranges & Pineapple	Egg Salad Sandwich, Chips, Marinated Vegetable Salad, & Dessert of the Day