

The Glenwood, Effingham - Menu

		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 1 12/30-1/5	Breakfast	Sausage Patty, Waffle, Breakfast Muffin, & Fruit	Scrambled Eggs, Hashbrown, Banana Bread, & Fruit	Fried Egg, Bacon, Toast, & Fruit	Cook's Choice Egg, Sausage Links, Biscuit, & Fruit	Sausage, Pancakes, & Fruit	Omelet, Bacon, Cinnamon Toast, & Fruit	Sausage, Egg, & Cheese on English Muffin & Fruit
	Lunch	Baked Ham, Sweet Potato Casserole, Buttered Cabbage, Cornbread, & Mock Pecan Pie	Chicken Pot Pie, Tossed Salad w/Dressing, & Cranberry Swirl Cake	Penne Polish Sausage Bake, Mixed Vegetables, & Fruit Cobbler	Country Fried Steak, Mashed Potatoes w/Cream Gravy, Green Beans w/Bacon & Onion, & Angel Food Cake w/Fruit	Baked Chicken, Au Gratin Potatoes, Buttered Carrots, & Jell-O Cake w/Whipped Topping	Beef Manhattan, Mashed Potatoes & Brown Gravy, Asparagus, & Apple Pie a la Mode	Spaghetti w/Meat Sauce, Italian Tossed Salad, Garlic Bread, & Frosted Chocolate Cake
	Dinner	Beef Goulash, Side Salad w/Dressing, Biscuit, & Peach Crisp	Tomato Soup, Grilled Cheese Sandwich, & Rosy Pears	Taco Salad, Mexican Rice, & Fruited Gelatin	Cheesy Potato Soup, Bratwurst on Bun, Macaroni Salad, & Ice Cream	Chili w/Beans, Split Frank on Bun, & Mixed Fruit Cup	Breaded Fish Sandwich, French Fries, & Iced Oatmeal Cookie	Grilled Turkey & Cheese Sandwich, Chips, Diced Tomato Salad, & Fruit
Week 2 1/6-1/12	Breakfast	Sausage Patty, French Toast, & Fruit	Chef Egg of Choice, Bacon, Biscuit, & Fruit	Scrambled Eggs, Sausage Patty, Breakfast Muffin, & Fruit	Omelet, Bacon, Cinnamon Toast, & Fruit	Sausage Links, Pancakes, & Fruit	Scrambled Eggs, Breakfast Ham Slice, Toast, & Fruit	Biscuits & Gravy, Hashbrown, & Fruit
	Lunch	Oven Fried Chicken, Mashed Potatoes & Gravy, Broccoli w/Cheese Sauce, Dinner Roll, & Pie	Unstuffed Peppers over Steamed Rice, Buttered Carrots, & Brownie a la Mode	Autumn Pork Roast, Mashed Potatoes & Gravy, Mixed Greens, & Fruit Shortcake	Swiss Steak, Creamy Noodles, Broccoli Cauliflower Blend, & Whipped Gelatin	Ham, Sweet Potatoes, Baked Beans, Garden Salad, & Ice Cream	Baked Fish, Baked Potato, Green Bean Casserole, Dinner Roll, & Fruit Cobbler	Bacon Wrapped Beef, Roasted Redskin Potatoes, Fried Cabbage, & Fruit Salad
	Dinner	BLT Sandwich, Fried Zucchini, Cottage Cheese, & Ice Cream Sandwich	Tuna Noodle Casserole, Green Beans, & Seasoned Fresh Fruit	Cheeseburger, Cheese Curds, Vegetable, & Ice Cream	Pulled Pork on Bun, Corn Nuggets, Marinated Carrots, & Peaches w/Whipped Topping	Beefy Tater Tot Casserole, Mixed Vegetables, & Pudding Parfait	Chicken Salad on Croissant, Potato Chips, Carrots & Celery Sticks w/Ranch Dressing, & Cinnamon Baked Apples	Loaded Potato Soup, 1/2 Grilled Ham & Cheese Sandwich, & Baked Custard
Week 3 1/13-1/19	Breakfast	Scrambled Eggs, Bacon, Donut, & Fruit	Sausage Patty, Pancakes, & Fruit	Fried Egg, Bacon, Toast, & Fruit	Biscuits & Gravy, Hashbrown & Fruit	Scrambled Eggs, Bacon, Cinnamon Toast, & Fruit	Omelet, Bacon, Toast, & Fruit	Sausage Patty, French Toast, & Fruit
	Lunch	Cheesy Ham & Hashbrown Casserole, Peas, & Strawberry Shortcake	Anniversary Chicken, Broccoli & Cheese, Wild Rice, Dinner Roll, & Apple Crisp	Lasagna, Buttered Peas, Caesar Salad, Garlic Bread, & Fruited Gelatin	BBQ Pork Rib Sandwich, Twice Baked Potatoes, Baby Carrots, & Mandarin Orange Cake	Meatloaf, Mashed Potatoes & Gravy, Spinach Bake, & Bread Pudding w/Vanilla Sauce	Creamy Mushroom Chicken, Baked Potato, Italian Vegetable Blend, & Fruit Crumble	Country Fried Steak, Mashed Potatoes, Creamy Gravy, Vegetable Medley, & Pumpkin Crumble
	Dinner	Deep Dish Pizza, Garlic Bread, Side Salad, & Emerald Pears	Cream of Cauliflower Soup, Turkey Club Sandwich, & Brownie	Pork Fritter on Bun, Onion Rings, Marinated Slaw, & Peanut Butter Sandwich Cookie	Salmon Patty, Macaroni & Cheese, Coleslaw, & Seasonal Fruit	Kielbasa Sausage, Buttered Cabbage, Mixed Fruit Cup, & Cookie	Bacon Cheeseburger, Steak Fries, Coleslaw, & Ice Cream	Sloppy Joes, Tater Tots, & Fruit
Week 4 1/20-1/26	Breakfast	Scrambled Eggs, Sausage Patty, Coffee Cake, & Fruit	Pancakes, Bacon, Toast, & Fruit	Biscuits & Gravy, Hashbrown, & Fruit	Fried Egg, Bacon, Breakfast Muffin, & Fruit	Sausage Link, French Toast, & Fruit	Scrambled Eggs w/Green Pepper & Onion, Sausage Patty, Toast, & Fruit	Fried Egg, Bacon, Toast, & Fruit
	Lunch	Herb Roasted Chicken, Parslied Buttered Potatoes, Broccoli, Dinner Roll, & Carrot Cake	Marinated Pork Loin, Herb Stuffing, Yams, & Autumn Fruit Crumble	Salisbury Steak, Parmesan Noodles, Green Beans, & Frosted Chocolate Cake	Ham & Beans, Fried Potatoes, Mixed Greens, Cornbread, & Banana Split Cake	Beef Stroganoff, Roasted Brussel Sprouts, Dinner Roll, & Peaches & Cream	Catfish, Macaroni & Cheese, Coleslaw, & Peanut Butter Pie	Oven Fried Chicken, Mashed Potatoes & Gravy, Corn, & Mixed Fruit w/Topping
	Dinner	Vegetable Soup, Roast Beef Sandwich, & Mixed Fruit Cup	Fried Shrimp, Corn Nuggets, Green Beans, & Pudding Parfait	Chicken Stew, Pea Salad, Dinner Roll, & Chef Choice Dessert	Taco Soup, Tortilla Chips, Carrot & Raisin Salad, & Fruit Cobbler	Chicken Tenders w/Gravy, Cheesy Mashed Potatoes, Mixed Vegetables, & Frosted Cupcake	Hamburger on Bun, French Fries, & Mandarin Oranges & Pineapple	Egg Salad Sandwich, Chips, Marinated Vegetable Salad, & Chef Choice Dessert